

## FOR IMMEDIATE RELEASE

## Autism Nova Scotia Walks YOUR Way in 2021.

**Halifax, NS, September 25, 2021** — Autism Nova Scotia is going virtual for its annual Walk for Autism fundraiser on Saturday, September 25th.

Hosting Walk YOUR Way for Autism as a virtual event allows community members to participant while still practicing social distancing and other safety measures. The funds raised during Walk YOUR Way support crucial autism programs and services delivered by Autism Nova Scotia's nine regional chapters, including social programming, family support and services, and advocacy work.

"Our autism community has continued to amaze us with their strength and perseverance during the ongoing pandemic", says Autism Nova Scotia's Executive Director Cynthia Carroll. "They have inspired us to push through barriers and go the extra distance to deliver critical autism supports to thousands of Autistic Nova Scotians and their families."

Though the walk is virtual, participants and their loved ones are looking forward to gathering safely with their Walk teams to celebrate the autism community and raise funds that make a lasting positive impact.

"We're encouraging everyone to get involved with Walk this year. There is no distance too short, and no contribution too small: every single dollar raised and kilometre walked is a step in the right direction," adds Carroll.

Virtual walks will take place across the province, hosted by Autism Nova Scotia's nine Chapter locations (Annapolis Valley, Cape Breton Region, Cumberland County, Halifax & Bedford/Sackville, Pictou County, South Shore, South West, Strait Area, Truro).

What: Walk YOUR Way for Autism Nova Scotia

When: Saturday, September 25th

Where: Virtually throughout the province

Who: Community members across the province joined with Autism Nova Scotia

Why: Autism Nova Scotia will be virtually joined by families, volunteers, staff, sponsors and community members

around the community to help raise funds for autism programs and services.

To get involved with Walk YOUR Way 2021, visit: WalkYourWayForAutism.ca

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For more information about Walk YOUR Way: Reece Cheng, Branding & Communications Manager, Autism Nova Scotia Email: media@autismns.ca

## **About Autism Nova Scotia**

Autism Nova Scotia is a national leader in providing social, educational, and employment supports for Autistic individuals, their families, caregivers, and professionals. Our vision is a society where people on the autism spectrum can live their lives to the fullest. This vision informs our day-to-day operations and provides a philosophy that revolves around person-focused supports, strength-based approaches, and community-oriented learning opportunities. Autism Nova Scotia delivers programming in Halifax and in nine communities across Nova Scotia through our Regional Autism Centres. Our three program divisions are: Social & Community Inclusion; Employment Support; and Family and Caregiver Support.