

2024 Autism Action Plan Toolkit

What is the Autism Action Plan?

Autism Nova Scotia is working with the provincial government to create an Autism Action Plan for Nova Scotia. The plan will outline necessary changes to improve services and resources for autistic individuals and their families, ensuring better support for the entire autistic community across the province.

Quick Facts:

- There are currently more than 32,000 people with autism in Nova Scotia
- On average, one in 31 five-year-old children in the province has an autism diagnosis
- The Office of Addictions and Mental Health and multiple government departments, including Community Services; Education and Early Childhood Development; Labour, Skills and Immigration; Communities, Culture, Tourism and Heritage; Advanced Education; Department of Health and Wellness; Accessibility Directorate; Department of Seniors and Long Term Care and Municipal Affairs and Housing, will be working together on the plan with Autism Nova Scotia

What will the action plan do?

- Identify the current services, supports, and programs for children, youth and adults on the autism spectrum and their families in Nova Scotia
- Review current government strategies, action plans and initiatives that could be used to better support the current needs of Autistic Nova Scotians, their families and community
- Find gaps and make recommendations for supports and services within the public, private and community sectors

How can I get involved?

Consultation is an important part of the Autism Action Plan. You can complete the [Autism Action Plan Survey](#). This will help us pinpoint what's working well, where there is room for improvement, and how autistic individuals in our community can be better supported.

Share the survey in your networks, with friends and family to encourage more Nova Scotians to have their voice heard.

Follow Autism Nova Scotia on social media and engage with Autism Action Plan content.

Questions?

For more information or support, you can contact Autism Nova Scotia at actionplan@autismns.ca.