



autism  
NOVA SCOTIA

# AUTISM ACCEPTANCE MONTH

**What is it?** An annual campaign held in April dedicated to promoting understanding, inclusion, and acceptance of Autistic individuals.

**Why is it important?** There are over 32,000 Autistic individuals across Nova Scotia. The province has one of the highest Autism rates in the country, with 1 in 31 children under the age of 5 having a confirmed diagnosis.

**Who are we?** Autism Nova Scotia offers vital programs and services to Autistic individuals through their whole life journey. For more than two decades, we have carried out this mission with the help of our amazing community! As a non-profit, your support and donations are essential to our continued work across the province.

## This April, we are asking for your help! Here's how you can get involved.

- **Donate to Autism Nova Scotia:** Uplift Autistic Nova Scotians by donating to support our programs and services. Become a monthly donor or make a one-time donation online: <https://www.autismnovascotia.ca/get-involved/#donate>
- **Raise Awareness:** Celebrate using #AutismAcceptance2025 in April and tell us how you are making our communities more inclusive and accessible.
- **Social Media:** Use social media to help promote Autism Acceptance Month. Follow our social media accounts and tag us on: Facebook (@AutismNovaScotia), Instagram (@autismns\_), LinkedIn (@AutismNovaScotia), or Bluesky (@autismnovascotia.bsky.social).
- **Host an Inclusive Community Event or Fundraiser:** Show your commitment to our shared values and host a third-party event! We would love to hear about it! Contact Greg MacKay ([gmackay@autismns.ca](mailto:gmackay@autismns.ca)) Community Engagement Coordinator, to learn how to get involved.
- **Education & Training:** Partnerships with organizations and businesses are a cornerstone of our success. We can help you create sensory friendly environments, connect with future employees, and host an education or training session. Contact Debbie Carver ([dcarver@autismns.ca](mailto:dcarver@autismns.ca)) Education & Training to learn more!
- **Participate in our Brewing Inclusion Campaign:** Register your business as a participating location to offer specialty beverages (hot or cold!) with a portion of the proceeds going towards our programs and services! Contact Alyson Greeno ([agreeno@autismns.ca](mailto:agreeno@autismns.ca)) Senior Community Engagement Coordinator, for more information.
- **Display our Poster:** Place our Autism Acceptance Month poster in your window, desk, or waiting room to show your support for our organization.

[autismnovascotia.ca](https://www.autismnovascotia.ca)



Inclusion



Respect



Collaboration



Courage



Acceptance